

INVITATION TO PARTICIPATE IN A RESEARCH PROJECT FOR PERSONS LIVING WITH SPINAL CORD INJURY



Researchers at University of Alabama at Birmingham (UAB) are conducting a research project to understand the effects of a 8-week videoconferencing acceptance and commitment therapy (ACT) program on psychological health in persons living with a traumatic or non-traumatic spinal cord injury (SCI).

You may be eligible for this research if you are:

- An adult with SCI sustained within 5 years

Participation includes:

- Completion of 8 weekly videoconferencing ACT sessions with a coach
- Completion of questionnaires three times

Participants who complete the study will be compensated up to \$215.



For questions and more information, contact Jessica Hawkins at jshawkins@uabmc.edu or 205-975-2882

Scan QR code to sign-up 
<https://bit.ly/42ISYD9>