



LAKESHORE

Your Weekly Update

March 2, 2022

Member News

The UAB/Lakeshore Research Facility, located on Lakeshore's campus, is now offering free virtual reality gaming sessions for all Lakeshore members age 13 and up. Times are available Monday through Friday. View the [flyer](#) to learn more, and contact Raven Young at ravensamuel@uabmc.edu or 205-922-4137 to schedule a one-hour session.



SEC Youth Wheelchair Basketball Comes to Lakeshore!

We are excited to host the NWBA Southeastern Junior Division Conference Championship this weekend, March 5-6. Come out and cheer on the top 14 Prep and Varsity wheelchair basketball teams from across the southeast, including our own Sharks and Lakers! Entry is free, so bring the whole family and get ready for two days of exciting action. Select games will be livestreamed on our [YouTube channel](#). You can pick up a tournament schedule at the check-in desk or get all the details on our website <https://www.lakeshore.org/secchamps>.



USAWR Competes in Colombia

This weekend the USA Wheelchair Rugby Team will travel to Medellin, Colombia for the 2022 Americas Championship March 9-12. This is the first competition of the 2022 season for Team USA. They will compete against Argentina, Brazil, Canada, Chile and Colombia. Visit usawr.org to see the 12-person roster.



Putting People First: Disability Inclusion in Birmingham

Recently, Birmingham Mayor Randall Woodfin participated in a panel hosted by the United States Conference of Mayors, which underscored the need to prioritize disability-inclusive workforces. Read Mayor Woodfin's [blog](#) about what he learned from the panel and what Birmingham is doing to fill the gaps in inclusive employment.

Krip-Hop Nation: featuring Toni Hickman, Keith Jones, Leroy F. Moore Jr., DJ Quad, Wheelchair Sports Camp

Saturday, March 05

🕒 03:00 p.m. - 04:30 p.m.
🆓 Free and open to the public
📍 Remote access event

Krip-Hop Nation Performance and Conversation

This weekend, join Krip-Hop Nation's Leroy Moore, Keith Jones, Toni Hickman, DJ Quad, and Wheelchair Sports Camp for an online event celebrating disability justice. The free event, hosted by Access Living, is March 5 from 3 to 4:30 p.m. [Register at this link](#).

Staff Spotlight: Sharon Opkins

It's time to get to know Aquatics Specialist Sharon

Opkins in this month's Staff Spotlight. Did you know that Sharon can play two instruments? Find out which ones in the video.



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